

PE Curriculum planning

Session 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
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Session1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gymnastics Unit 1	Multiskills activities Using different equipment such as cones, hoops, beanbags, quoits	Manipulation & Coordination Unit 1	Cooperate and solve problems Unit 1	Speed Agility Travel Unit 1	Sports Day practise
Year 1	Gymnastics Floor work	Dance	Gymnastics Unit 2	Hit Catch Run Unit 1	Run Jump Throw Unit 1	Run Jump Throw Unit 2
Year 2	Gymnastics Floor work	Dance	Gymnastics Unit 2	Dance Unit 2	Run Jump Throw Unit 1	Run Jump Throw Unit 2
Year 3	Gymnastics Floor work	Dance	Gymnastics Unit 2	Tag rugby	Athletics	Rounders
Year 4	Gymnastics Floor work	Dance	Gymnastics Unit 2	Tag Rugby	Athletics	Tennis / badminton
Year 5	Gymnastics Floor work	Dance	Gymnastics Unit 2	Hockey	Athletics	Tennis / badminton
Year 6	Gymnastics Floor work	Dance	Gymnastics Unit 2	Handball	Athletics	Tennis / badminton

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Reception	Multiskills activities Using different equipment such as cones, hoops, beanbags, quoits	Body Management	Dance Unit 1	Gymnastics Unit 2	Cooperate and solve problems Unit 2	Speed Agility Travel Unit 2
Year 1	Games Attack, Defend, Shoot	Attack, Defend, Shoot Unit 2	Send and Return Unit 1 (Tennis)	Send and Return Unit 2	Hit Catch Run Unit 1	Hit Catch Run Unit 2
Year 2	Games Attack, Defend, Shoot	Attack, Defend, Shoot Unit 2	Send and Return Unit 1 (Tennis)	Send and Return Unit 2	Hit Catch Run Unit 1	Hit Catch Run Unit 2
Year 3	Invasion games Hockey	Invasion games Basketball	Handball	Netball	Swimming	Swimming
Year 4	Invasion games Basketball	Invasion games Hockey	Swimming	Swimming	Cricket	Athletics / rounders
Year 5	Swimming Invasion games Hockey	Swimming Invasion games Basketball	Basketball	Handball	Cricket	Athletics / rounders
Year 6	Invasion games Basketball	Invasion games Hockey	Dance	Football	Cricket	Athletics / rounders