

WHAT'S FOR LUNCH THIS AUTUMN/WINTER?

Caterlink is an award-winning food service provider, catering for schools across the country.

In Brighton & Hove we are passionate about providing your children with freshly prepared school lunches that are true to Caterlink's fresh food heritage. Our menus are nutritionally analysed to ensure they meet the School Food Standards required. Across Brighton & Hove we use locally based food providers for our meat products, fruit and vegetables. All of the meats used are UK-based Red Tractor products and are delivered in fresh by local farm-assured butchers, including our farm assured burgers and sausages. Our menu for Brighton & Hove is accredited to the Soil Associations Food For Life Silver standard.

KEEP IN TOUCH

You can keep up to date with what's going on across Brighton & Hove school meals by visiting our web site:

<https://caterlinkltd.co.uk/my-caterlink>

Here you'll find the latest news and information about our current menus and our upcoming theme days. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

Office tel: 01273 417169

FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to means -tested Free School Meals: this is important and helps school funding.

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office or call **01273 293497** for more information. Apply online at www.brighton-hove.gov.uk/onlinefreeschoolmeals

RECRUITMENT

We are always looking for new talented team members. If you are interested in joining Caterlink, or joining our apprenticeship scheme, please visit our web site and get in touch!

<https://caterlinkltd.co.uk/jobs-careers/>

or email

hrrsupport@caterlinkltd.co.uk

ALLERGY INFORMATION

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Freshly Baked Bread,
Salad, Yoghurt and Fruit
available daily. Milk free
Yoghurt available daily &
Ice Cream when served.

Brighton & Hove Autumn/Winter Menu 2024

caterlink
feeding the imagination

(V) Vegan
Wholemeal

WEEK ONE

4.11
25.11
16.12
20.1
10.2
10.3
31.3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese	BBQ Chicken Fillet with Jollof Rice 🌾	Roast Chicken Breast & Stuffing with Roast Potatoes & Gravy	Farm Assured Beef Burger with Wedges & Tomato Relish	MSC Fishfingers with Chips & Homemade Tomato Sauce
Vegan Chilli with 50:50 rice 🌾	Vegan Quorn Sausages with Mashed Potato & Gravy	Sweet Potato & Spinach Tart with Roast Potatoes & Gravy (V)	Vegan Meatball Tomato Pasta 🌾	Falafel with Chips & Homemade Tomato Sauce (V)
Baked Beans (V)	Tuna Mayonnaise	Cheese	Baked Beans (V)	Cheese
Carrots & Sweetcorn	Peas & Cauliflower	Roasted Vegetables & Broccoli	Sweetcorn & Grated Carrot	Peas & Baked Beans
Apple & Raisin Flapjack with Peaches (V) 🌾	Chocolate Beetroot Cake 🌾	Jelly (V) & Ice Cream	Cornflake Tart & Custard or Jam Tart (V)	Oaty Cookie with Fruity Friday(V) 🌾

WEEK TWO

11.11
2.12
6.1
27.1
24.2
17.3

Main	Homemade Cheese & Tomato Pizza 🌾	Wholewheat Penne Pasta Bolognese 🌾	Roast Turkey & Yorkshire Pudding with Roast Potatoes & Gravy	Chicken Tikka Masala with 50:50 Rice 🌾	Breaded Fish with Chips & Homemade Tomato Sauce
Vegetarian	Vegan Cottage Pie	Veggie or Vegan Quesadilla with Jollof Rice 🌾	Roast Quorn (V) & Yorkshire Pudding, Roast Potatoes & Gravy	Golden Macaroni Cheese or Pasta with Tomato Sauce (V) 🌾	Mexican Bean Roll with Chips and Homemade Tomato Sauce (V)
Jacket Potato	Baked Beans (V)	Tuna Mayonnaise	Cheese	Baked Beans (V)	Cheese
Vegetable	Grated Carrot & Sweetcorn	Peas & Cauliflower	Carrot Batons & Savoy Cabbage	Green Beans & Sweetcorn	Peas & Baked beans
Deserts	Fruity Shortbread (V) 🌾	Lemon Cake 🌾	Yoghurt Station & Fruit Platter	Jelly & Mandarins	Chocolate Cookie with Fruity Friday (V) 🌾

WEEK THREE

18.11
9.12
13.1
3.2
3.3
24.3

Main	Pork Sausages with Mashed Potato & Gravy	Wholewheat Penne Chicken Pasta Bake 🌾	Lemon & Herb Roast Chicken Thigh, Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza 🌾	Salmon Fishfingers with Chips & Homemade Tomato Sauce
Vegetarian	Lentil & Sweet Potato Curry with Jollof Rice (V) 🌾	Vegan Puff Pastry Whirl with Homemade Jacket Wedges	Crunchy Vegetable Bake with Roast Potatoes & Gravy (V)	Wholewheat Penne Vegan Bolognese 🌾	Vegan Quorn Sausages with Chips & Homemade Tomato Sauce (V)
Jacket Potato	Tuna Mayonnaise	Baked Beans (V)	Cheese	Baked Beans (V)	Cheese
Vegetable	Carrots & Sweetcorn	Broccoli & Cauliflower	Peas & Carrot Swede Mash	Sweetcorn & Coleslaw	Peas & Baked Beans
Deserts	Golden Cookie (V) 🌾	Berry Mousse or Jelly (V)	Peaches (V) & Ice Cream	Fairtrade Banana Cake & Custard 🌾	Vanilla Shortbread with Fruity Friday (V) 🌾



Packed Lunch	Tomato Pasta Salad (V)	Cheese and Cucumber Baguette	Roast Quorn Baguette (V)	Cream Cheese & Pepper Baguette	Hot Vegan Sausage Baguette (V)
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