

WHAT'S FOR LUNCH THIS AUTUMN/WINTER?

Caterlink is an award-winning food service provider, catering for schools across the country.

In Brighton & Hove we are passionate about providing your children with freshly prepared school lunches that are true to Caterlink's fresh food heritage. Our menus are nutritionally analysed to ensure they meet the School Food Standards required. Across Brighton & Hove we use locally based food providers for our meat products, fruit and vegetables. All of the meats used are UK-based Red Tractor products and are delivered in fresh by local farm-assured butchers, including our farm assured burgers and sausages. Our menu for Brighton & Hove is accredited to the Soil Associations Food For Life Silver standard.

KEEP IN TOUCH

You can keep up to date with what's going on across Brighton & Hove school meals by visiting our web site:

<https://caterlinkltd.co.uk/my-caterlink>

Here you'll find the latest news and information about our current menus and our upcoming theme days. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

Office Tel: 01273 417169

FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to means -tested Free School Meals: this is important and helps school funding.

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office or call **01273 293497** for more information. Apply online at www.brighton-hove.gov.uk/onlinefreeschoolmeals

RECRUITMENT

We are always looking for new talented team members. If you are interested in joining Caterlink, or joining our apprenticeship scheme, please visit our web site and get in touch!

<https://caterlinkltd.co.uk/jobs-careers/>

or email
hrsupport@caterlinkltd.co.uk

ALLERGY INFORMATION

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Freshly Baked Bread,
Salad, Yoghurt and
Fruit available daily.

Brighton & Hove Autumn/Winter Menu 2025

caterlink
feeding the imagination

(V) Vegan
Wholemeal

WEEK ONE

3.11
24.11
15.12
19.1
9.2
9.3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|---|---|---|--|--|
| Main | Macaroni Cheese | Chicken Biryani (spiced chicken & Rice) 🌾 | Roast Chicken Breast & Stuffing with Roast Potatoes & Gravy | Farm Assured Beef Burger with Seasoned Potatoes | MSC Fishfingers or Salmon Fishfingers with Chips & Homemade Tomato Sauce |
| Vegetarian | Vegetable Pasty with Homemade Jacket Wedges (V) | Veggie Mince Bolognese (V) | Mediterranean Gratin with Roast Potatoes & Gravy (V) | Marinated Quorn Fillet with Jollof Rice 🌾 | Vegan Sausage with Chips & Homemade Tomato Sauce (V) |
| Jacket Potato | Baked Beans (V) | Cheese | Tuna Mayonnaise | Baked Beans (V) & Cheese | Cheese |
| Vegetable | Carrots & Sweetcorn | Peas & Cauliflower | Broccoli & Roasted Butternut Squash | Sliced Carrots & Sweetcorn | Peas & Baked Beans |
| Dessert | Fruity Shortbread (V) 🌾 | Golden Cookie (v) 🌾 | Peaches (V) with Ice Cream or Vegan Custard | Apple Crumb Cake with Custard or Golden Cookie (V) 🌾 | Chocolate Shortbread with Fruity Friday(V) 🌾 |

WEEK TWO

10.11
1.12
5.1
26.1
23.2
16.3

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|----------------------|-------------------------------------|---|--|---|---|
| Main | Homemade Cheese & Tomato Pizza 🌾 | Chicken Sticky Noodles | Roast Turkey & Yorkshire Pudding with Roast Potatoes & Gravy | Pork Sausage Roll with Homemade Wedges | Breaded Fish with Chips & Homemade Tomato Sauce |
| Vegetarian | Mexican Chilli with 50:50 Rice(V) 🌾 | Vegan Quorn Sausages with Mashed Potato & Gravy | Sweet Potato & Spinach Tart (V) with Roast Potatoes & Gravy | Vegetable Lasagne or Tomato Pasta Bake (V) | Falafel with Chips & Homemade Tomato Sauce (V) |
| Jacket Potato | Baked Beans (V) | Baked Beans (V) & Cheese | Cheese | Tuna Mayonnaise | Cheese |
| Vegetable | Carrots & Peas | Broccoli & Sweetcorn | Sliced Carrots & Cabbage | Sweetcorn & Coleslaw | Peas & Baked beans |
| Dessert | Gingerbread Cookie (V) 🌾 | Fruit Jelly with Mandarins (V) | Chocolate & Banana Oaty Square (V) | Rhubarb Crumble with Custard or Vegan Custard (V) 🌾 | Vanilla Shortbread with Fruity Friday (V) 🌾 |

WEEK THREE

17.11
8.12
12.1
2.2
2.3
23.3

| | | | | | |
|----------------------|---|--|---|---|--|
| Main | Pork Sausages with Mashed Potato & Gravy | Wholewheat Penne Pasta Beef Bolognese 🌾 | Roast Chicken Breast & Stuffing with Roast Potatoes & Gravy | Homemade Cheese & Tomato Pizza 🌾 | MSC Fishfingers with Chips & Homemade Tomato Sauce |
| Vegetarian | Veggie Mince Bolognese with Wholemeal Pasta (V) 🌾 | Vegetable Fajitas with Paprika Wedges (V) | Roast Quorn & Stuffing with Roast Potatoes & Gravy (V) | Coconut & Chickpea Curry with 50:50 Rice 🌾 | Mexican Bean Roll with Chips & Homemade Tomato Sauce (V) |
| Jacket Potato | Baked Beans (V) & Cheese | Tuna Mayonnaise | Cheese | Baked Beans (V) | Cheese |
| Vegetable | Carrots & Peas | Broccoli & Sweetcorn | Carrots & Cabbage | Sweetcorn & Roasted Winter Vegetables | Peas & Baked Beans |
| Dessert | Apple Flapjack with Peaches (V) 🌾 | Cornflake Tart with Custard or Jam Tart with Vegan Custard (V) 🌾 | Jelly(V) With Ice Cream or Vegan Custard (V) | Banana Cake or Chocolate & Banana Oaty Square (V) 🌾 | Chocolate Cookie with Fruity Friday (V) |



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|---------------------|----------------------------|----------------------|---------------------|--|---------------------------|
| Packed Lunch | Hot Vegan Sausage Baguette | Ham & Cheese Bagel 🌾 | Roast Meat Baguette | Cheese & Cucumber Wholemeal Sandwich 🌾 | Hot Pork Sausage Baguette |
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